




Treat yourself at Alexander's Day Spa...

where overnight guests and the public are invited to experience a truly relaxing massage and spa service.



Reservations are necessary. Our telephone staff will be happy to explain our different massages and spa treatments and answer any questions.

§ Policies §

- § Please have your credit card information ready when you call. A credit card is necessary to guarantee an appointment.
- § Please arrive at least 15-minutes prior to your appointment.
- § Check-in at Alexander's front desk.
- § Clients who arrive late for their appointment may have less treatment time *or* be asked to re-schedule.
- § Cancellations: 24-hour notice, please. Clients who do not arrive for their appointment will be charged the full amount of the service scheduled.



*Gift
Certificates
Available*



About Alexander's Massage Practitioners

An Ashford resident, **Shanna Littrell** is a graduate of Seattle's Brenneke School of Massage.
Washington State License # MA00021789

Michael R Balmer. A local resident and graduate of The Soma Institute, Buckley, WA
Washington State License # MA 000113563

Book your spa service by calling Alexander's
Phone: (800) 654-7615 *or*
(360) 569-2300

Alexander's Country Inn at Mount Rainier
37515 SR 706 E. Ashford, WA 98304

www.alexanderscountryinn.com



Alexander's Day Spa
 uses only the finest organic oils,
 creams & aromatherapy essential oils.



<p>Full-Body Relaxation Massage</p> <p>Reduce tensions and stress, balances the mind & body.</p>	<p>1 Hour 85.</p> <p>90 minutes 125.</p>
<p>Deep Tissue Massage</p> <p>Promotes improved circulation and deep relaxation.</p>	<p>1 Hour 90.</p> <p>90 Minutes 125.</p>
<p>Neck, Back & Shoulders</p> <p>Focusing on where we frequently store tensions and stress. Soothing and renewing.</p>	<p>1 Hour 90.</p> <p>90 Minutes 125.</p>
<p>Legs & Feet</p> <p>Treat yourself after a day of hiking or mountain climbing.</p>	<p>1 Hour 90.</p> <p>90 Minutes 125.</p>
<p>Specialized Treatment</p> <p>Personalized massage tailored to your specific needs.</p>	<p>1 Hour 125.</p>

GIFT CERTIFICATES AVAILABLE

Prices and services are subject to change.